

5 Places Seniors Can Travel Solo And Not Worry

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The world has become a bit more dangerous for travellers and tourists with certain places being labelled as 'unsafe'. However, there are many places where people who are 60+ can still go without worrying how safe they'd be. Seniors should be able to travel solo if they want to and not have to feel like they need a baby sitter all the time. Here are five countries where seniors who are 60+ can relax and enjoy.



Singapore

Singapore has one of the lowest crime rates in the world. To add to that, it is very clean and getting around is easy. The people of Singapore and their government take cleanliness quite seriously. You would never see someone spitting chewing gum onto the street, let alone tobacco. They will fine you in Singapore over things we wouldn't even blink at in India. An elderly person would not have to look over their shoulders while they are enjoying this country.



Bhutan

Another destination that the elderly can discover without worry is Bhutan. The country can take them far off into a historically rich experience that will reveal how fascinating Bhutan really is. Travelling over there involves tackling the skies over the Himalayas, so they can see the beauty of Bhutan's serene valleys. The Bhutanese are deeply spiritual. They practice Vajrayana Buddhism there. This kingdom is made up of over 2,000 monasteries, with the Tiger's Nest being among the most breath-taking. This is a peaceful place where seniors can relax and not worry about being taken advantage of. The beautiful thing about the people of Bhutan is the emphasis they place on happiness. The people there have managed to defy globalisation so far, maintaining their own paradise. Bhutan has places set back in the cliffs that are nothing short of beautiful. They are 'must-sees', a once in a lifetime experience for many.



Spain

It is easy to let your hair down and enjoy the hospitality of Spain. No place can guarantee anyone's safety, but some of them can give you enough to feel secure. The wine country is stunning and the people are warm and friendly. There are already a lot of seniors who make the trip for their holidays. There are also good health benefits to enjoy there. For many retirees, the health care is actually free. Seniors will find that with many places, if they find areas where a large portion of the people living there are elderly, it will also be safer. There is much in Spain for seniors to enjoy, like friends and companions, and also many social programs that help seniors to stay active.

Ecuador

Ecuador has been gaining popularity for years now. This is mainly due to its great retirement appeal. It was voted back in 1999 as the world's premiere retirement spot. Since then, the country has prospered nicely and gives seniors a wonderful place to live out their years. When seniors go to Ecuador, they see that it is so much more than just cheap rent and land as what it offers is a high quality of life and has been making its way to being a part of our global economy for some time now. Ecuador lacks the threats of violence that is a problem for so many other vacation spots. Despite only covering about 0.02 per cent of the overall land mass of the world, it has managed to have 10 per cent of the world's wildlife thriving there. The cattle ranches in Ecuador are spectacular; essentially the country is a laid back and practical safe haven for seniors who want to let their hair down.



Caribbean Cruises (Royal Caribbean)

When you think about it, a cruise has to be one of the safest places for seniors. The ships are manned and watched and people are always civil. There is great entertainment with plenty of things to keep busy. The staterooms are of excellent quality, the food and music are good, and again, people don't seem to act up as much. The entire atmosphere is more family-oriented than a lot of other venues.

*The author has been travelling around the world solo since he completed his M.B.A in 2012. He is passionate about photography, trying out new food and exploring places alone.